



## Psalm 131

**My heart is not proud, LORD, my eyes are not haughty;  
I do not concern myself with great matters or things too wonderful for me.  
But I have calmed and quieted myself, I am like a weaned child  
With its mother; like a weaned child I am content.  
Israel, put your hope in the LORD both now and forevermore.**

This Psalm is a potent call to humility and confidence in God's Sovereign Goodness. Charles Spurgeon described Psalm 131 as "One of the shortest Psalms to read, but one of the longest to learn." King David, the writer of this Psalm portrays trust in God like a mature child who does not demand answers to all of life's questions, but rather finds refuge and rest in God's presence.

**Suggested Reflective Question and Prayer focus:** Are there areas in your life where you have not been able to calm and quieten your soul? If so, confess your struggle and ask God's Holy Spirit to continue to mature you in His love. Ask Him if there is something you need to set aside [fear, anxiety, control, independence, pride...etc] so you will be able to draw strength and contentment from His presence.

**Prayer:** Abba Father I come to you in holy fear. I set aside my pride, may it never be that you oppose me. I do not think too highly of myself for apart from you I can do nothing nor does any good thing dwell within me. Therefore, I lift up my eyes to You, the Great I Am, Maker of heaven and earth. I will not trust in myself but in you - with all my heart. Abba Father, increase my faith. I do not lean on my own understanding but desire to acknowledge you in all my ways. Teach me to abide in you, to be still and to know that you are God – and to know that I am not. Even as the battle rages on in life, I will remain in your amazing love. I place my hope and confidence in you – for in you I find rest for my soul.

**Note:** Count Zinzendorf left the legacy of a "pleasant attitude" toward Israel ....One of the petitions he inserted in the regular Moravian Sunday liturgy was: "Deliver thy people Israel from their blindness; bring many of them to know Thee, till the fullness of the Gentiles is come and all Israel is saved." Please pray for the Lord's beloved people – Israel.